

Organization and country: Bulgaria Training, Bulgaria

Name of the activity: Safety Survivor

Overview (What I am going to learn?): Whether I'm well informed and aware of all the health & safety rules in the company as well as the procedures that must be followed in a typical work scenario.

Objective (What am I going to learn it for?): To make sure that I'm safe at work and follow correctly all the guidelines and procedures in each situation.

Materials: Workplace Safety Survival Worksheet (an example below)

Time: 45-60 min

Target group: All employees

Instructions for facilitators

Think about common safety rules and work procedures and put them down on a list that will be called "Workplace Safety Survival Worksheet". The activities will be called "safety stations" and are expected to be completed by the participants.

Make sure to print out enough copies of the Workplace Safety Survival Worksheet.

Book a big room in the office to gather the employees and tell them about the instructions, the rules and the prize for the winners to encourage and motivate the participants.

Divide the group into at least two teams and hand out to them the Workplace Safety Survival Worksheet.

Tasks and procedure:

1. Divide participants into at least two teams.
2. Select the safety stations that you would like to use for the game.
3. Prepare a Workplace Safety Survival Worksheet listing all of the selected safety stations.
4. Give each participant (or group) the Workplace Safety Survival Worksheet
5. Ask participants to successfully complete each safety station as a team.
6. After successfully completing each station, the team will receive a token.
7. The team that completed the greatest number of safety stations in the least time wins.
8. Award ceremony.

An example of the Workplace Safety Survival Worksheet:

Workplace Safety Survivor Game Team

Name: _ _ _ _ _

Sample Safety Stations:

1. Locate the form for reporting an accident to management.
2. Demonstrate how to properly lift a heavy object.
3. Show where the eye wash station is located.
4. Exhibit how to properly retrieve an object from an out of reach shelf.
5. Locate the First Aid kit(s).
6. Demonstrate how to properly place an extension cord to avoid trips and falls.
7. Locate the emergency power off system to the building.
8. Go to the designated outside emergency evacuation assembly area.
9. Create a new safety slogan for the company.
10. Demonstrate how to contact a direct supervisor or on-call supervisor afterhours.

Number of Safety Stations Successfully Completed: _____

Time: _____

Conclusion and evaluation:

This exercise is beneficial to both employer and employees. From one hand, the employer is reinforcing the importance of the employees to know and obey all safety regulations and work procedures. From another hand, this is an opportunity for employees to make sure they are well informed and aware of all the safety rules and procedure and follow them correctly in their day-to-day work.